



Mala Singh

Missing Pieces

As a professional engineer, Mala designed and created high-performance materials and processes to produce parts in the aerospace and automotive industry, that were not only strong, but would also endure rigorous physical stresses in different environments. She now does similar work, albeit in a different field, using tools and processes to help women who are silently buckling under life's ever-present stresses, impacting their health, career and relationships.

Mala experienced a chronic health challenge that was impacting several areas of her life and this sent her searching for answers. The transformation in her own health has served as a catalyst to amplify and access her personal power and those of her clients. She went on a quest looking for solutions and came to understand that there were missing pieces that she had to address before her body could heal.

Her healing journey led her to study Energy Medicine and Qigong with world renowned masters, and her mission now is to help other women create and live from a place of true health, personal power and vibrant energy. Over the last 10 years, she's worked with women who are over-givers and over-achievers drowning in overwhelm, experiencing chronic tension, turmoil and pain to stop the endless energy drain.

She is the Creator of Pain to Peace Roadmap & the Path to Peace Accelerator transforming her clients' lives all over the globe.

You can contact her by email at Mala@PainToPeaceSolutions.com.